

**ABCIS YEAR 7**

**Madagui**

**December 2024**



THE  
ANGLOPHONE  
BRITISH  
CURRICULUM  
INTERNATIONAL SCHOOL



# Travel arrangements.

Monday 9th

Meet at school at 7:30 am. Please come to the West Gate.

We will depart from school at 8:00am



# Staff



Ms Dawn



Mr Mike



Ms Rhyanon



Mr Will



# Location

- Transfer by private buses to Madagui Forest Resort
- 150kms from HCMC (around 3.5h)

# Madagui Forest Resort

- Next to Nam Cat Tien National Park
- Located on a hillside
- Cool climate and beautiful landscapes





WATERFALL  
RAFTING LAKE  
PINA COLADA  
SUNNY BEACH

WATERFALL  
LAKE

ROCK  
TERRACE  
CAMP

WATER  
LAKE

SKY  
TRACKING ROUTE

SKY  
BULLET  
SHOOTING

KART &  
QUAD

WATER  
LAKE

WATER  
LAKE

WATER  
LAKE

WATER  
LAKE

ZIP LINE

WATER  
LAKE

WATER  
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WATER  
LAKE

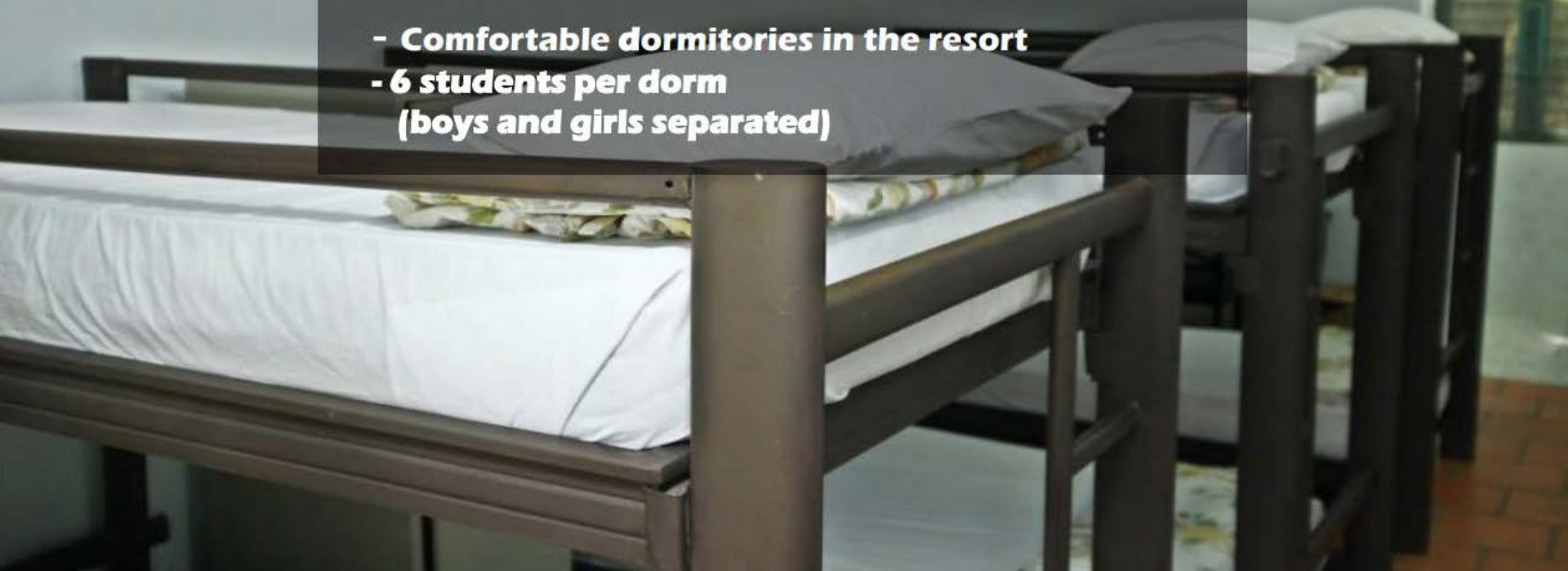
WATER  
LAKE





# Accommodation

- Comfortable dormitories in the resort
- 6 students per dorm  
(boys and girls separated)



# Day 1- Dec 9, 2024



	<b>Year 7 - 50 students</b>
	<b>All group together</b>
<b>8:00 AM</b>	<b>Transfer to Madagui Forest Resort</b>
<b>12:00 PM</b>	<b>Check-in dorms &amp; Lunch buffet</b>
<b>1:30 PM</b>	<b>Nature Scavenger Hunt</b>
<b>4:45 PM</b>	<b>Cooking preparation time</b>
<b>5:15 PM</b>	<b>Free time &amp; Shower time</b>
<b>6:30 PM</b>	<b>BBQ dinner</b>
<b>7:30 PM</b>	<b>Quiz night</b>



# Nature scavenger hunt

The scavenger hunt is an engaging activity that involves exploration and problem-solving to collect various items, providing a sense of discovery and achievement







# Outdoor cooking

Important life skill that helps students realize where and how the food comes from

# Day 2 - Dec 10, 2024



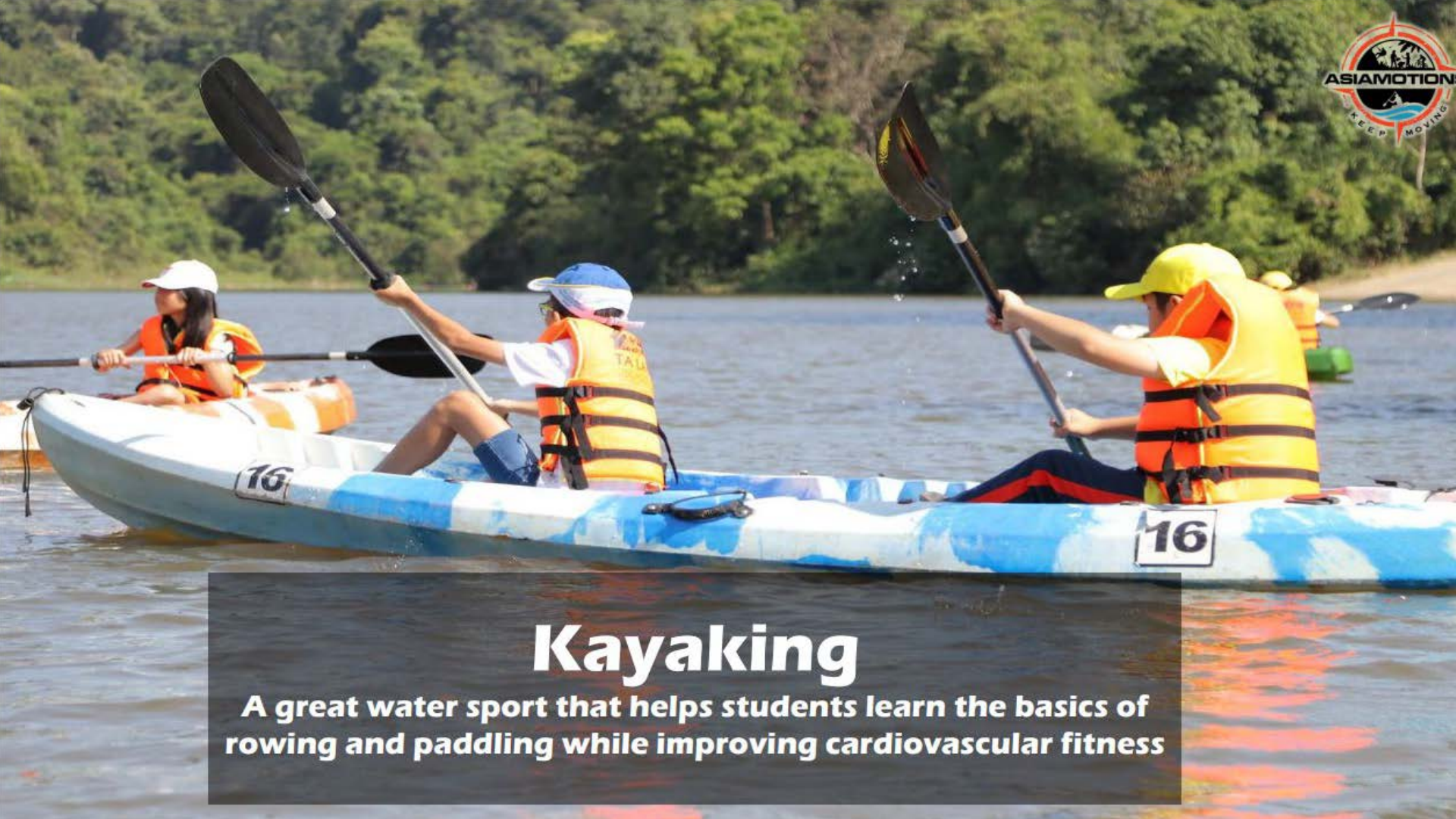
	<b>Groups 1 + 2</b>	<b>Groups 3 + 4</b>
<b>7:30 AM</b>	<b>Breakfast buffet</b>	
<b>8:30 AM</b>	<b>Kayaking initiation</b>	<b>Paracord bracelet &amp; nature art</b>
	<b>Paracord bracelet &amp; nature art</b>	<b>Kayaking initiation</b>
<b>12:00 PM</b>	<b>Lunch Buffet</b>	
<b>1:30 PM</b>	<b>Bush Craft &amp; Disc Golf / Knot Making</b>	
<b>4:45 PM</b>	<b>Free time &amp; Shower time</b>	
<b>6:30 PM</b>	<b>Dinner Buffet</b>	
<b>7:30 PM</b>	<b>Campfire night activities</b>	



# Disc golf

**Students will be initiated to disc throwing through workshops. They will then practice through a disc golf course challenge. The course will have to be completed using a minimal combined number of throws.**





# Kayaking

**A great water sport that helps students learn the basics of rowing and paddling while improving cardiovascular fitness**



# Art workshop

Using various colors and mediums,  
students will explore different art forms

# Paracord bracelet making

Apply the knots to make your own souvenir



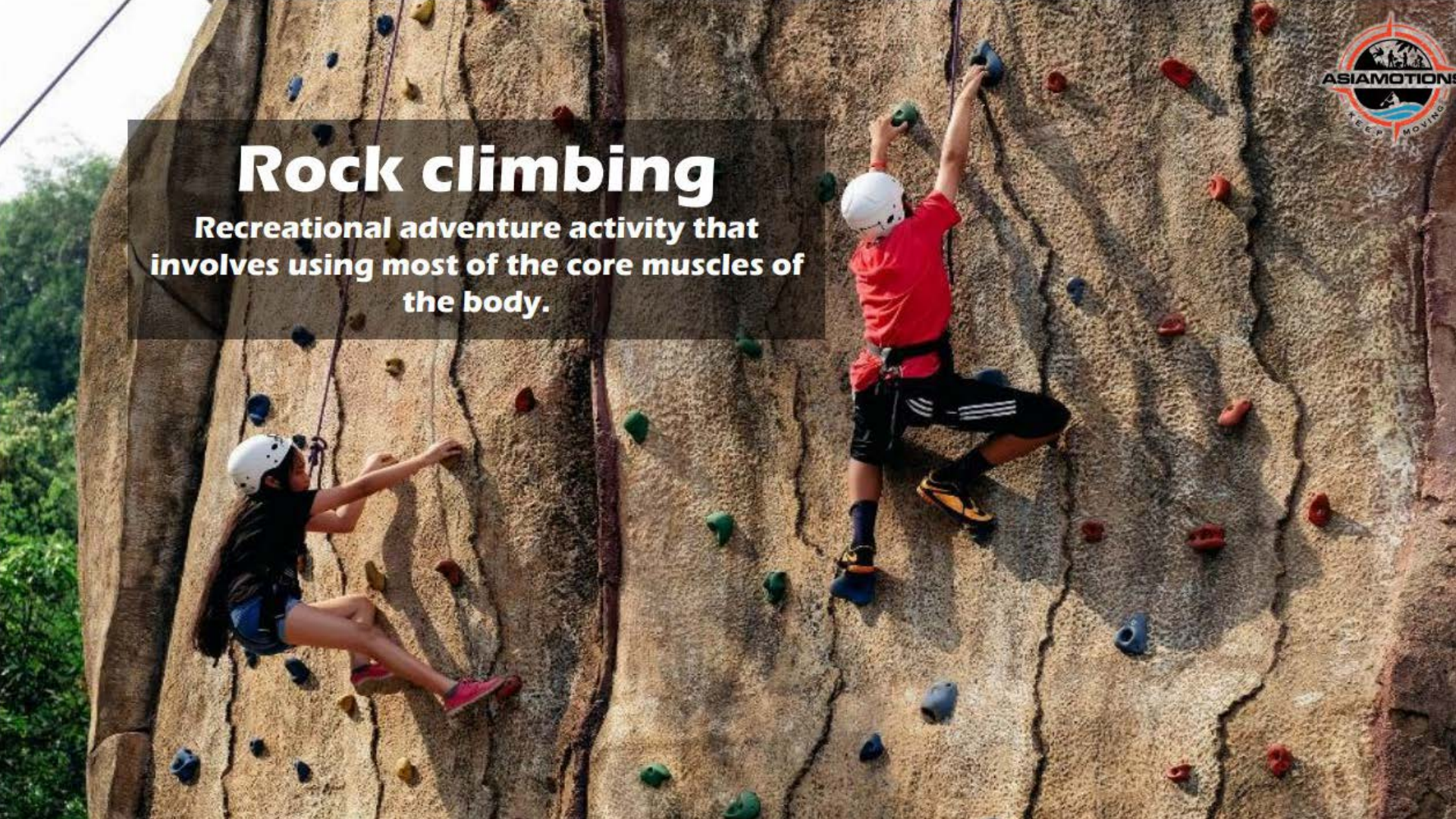
# Day 3 - Dec 11, 4



	<b>50 students</b>
<b>7:30 AM</b>	<b>Breakfast buffet</b>
<b>8:30 AM</b>	<b>Rock climbing &amp; Archery</b>
<b>12:00 PM</b>	<b>Lunch buffet</b>
<b>1:30 PM</b>	<b>Bamboo raft building &amp; Kayak short expedition</b>
<b>4:45 PM</b>	<b>Free time &amp; Shower Time</b>
<b>6:30 PM</b>	<b>Outdoor dinner</b>
<b>7:30 PM</b>	<b>Talent show / Just Dance</b>

# Rock climbing

Recreational adventure activity that involves using most of the core muscles of the body.





# Archery

**Sport that encourages coordination, balance and mental focus**



# Bamboo raft building

Team building activity that requires outdoor skills such as knots making, along with creative thinking and problem solving

# Swimming pool

A leisure activity to cool down after an exhilarating day of activities

# Day 4 - Dec 12, 2024



<b>7:00 AM</b>	<b>Packing &amp; Check Out</b>
<b>8:00 AM</b>	<b>Breakfast buffet</b>
<b>9:00 AM</b>	<b>Bus departs Madagui for ABCIS</b>
<b>11:15 AM</b>	<b>Packed lunch eaten on the way</b>
<b>1:00 PM</b>	<b>ETA at ABCIS</b>

# Collection times

Thursday 12th

Please collect your child from the main school gate at 1:30pm.

Please be aware that this collection time is our best estimate, however may change due to traffic. Any serious changes in this time will be communicated to you via the office.



# Friday 13th December

School as normal

# Reminders:

- ABC rules apply for the duration of the trip. You will be expected to make arrangements for your child to return home if their behaviour poses a danger to themselves or another student.
- Packing list is in the Google Classroom
- Jeans are not appropriate for trekking.
- Rain is expected- daytime temperatures of up to 33 degrees.

# Phones

**Phones and devices will not be permitted on the trip.** This is for several reasons:

- We have an opportunity to “detox” and reconnect with each other in person.
- There will be no safe place for devices to be stored and may get damaged
- Access to phones often leads to increased homesickness as students feel the need to communicate with parents.

My emergency contact number is **0903 882 633**



# Communication

You will receive an email informing you of our safe arrival on Monday.

Following this, you will have access to photographs from our days activities. A link and password for this access will be shared with you nearer the time.

My emergency contact number is **0903 882 633**

# Medication

If your child is taking any prescription medication please give it to Nurse Ms Mary Joy before the trip, clearly marked with instructions on when to administer it.

This includes pain medication such as paracetamol. This is because we would prefer to ensure that this is safely administered and that children are not taking their own medication.

Both the school and AsiaMotions will carry first aid kits and have up to date training.

Children have been asked to give details of dietary requirements and allergies.  
(Please update with the school nurse if you need to.)



# Packing List: Reminder of essential items

- 1 small suitcase / bag for clothes
- 1 small backpack for bus / hiking
- 2 t-shirts per day
- 2 long sleeve t-shirts
- 2-3 pairs of shorts
- 1 warm jumper / jacket
- Some light trousers
- 2 pairs of comfortable, closed shoes / trainers
- Sandals / flip flops for the evening
- 1 pair of underwear and socks per day (minimum)
- 1 swimming suit
- Towel
- 1 raincoat / poncho
- 1 cap / hat
- Toiletries
- Plastic bag for wet clothes
- Refillable water bottle
- Suncream
- Insect repellent / insect bite cream
- Sunglasses
- 1 flashlight / torch
- A small amount of money for items not included in the itinerary such as drinks (beyond water), gifts etc. No more than 500,000 VND is recommended.
- No phones!

## Things to consider:

- Thick clothing like jeans are not suitable for hiking.
- Closed shoes are best for hiking, e.g. trainers.
- Don't bring favourite items of clothes, they may get wet or muddy.
- Students may prefer to wear long trousers for hiking activities to avoid scratches from branches.
- Students may prefer to wear thin, but long items of clothing for the water sports activities to avoid sunburn.
- Students are permitted to wear swimming costumes for water activities, but this comes with the risk of sunburn to the exposed skin (these activities do not take place in the shade)

# And finally

Thank you for your support of the trip. It is an important aspect of a child's development and particularly necessary after the last couple of disrupted years.

Enjoy your break!



**Contact us now for further details:  
paul@asiamotions.com.vn**

*Terms & conditions apply - Non contractual pictures - Please note that this program is subject to changes and adjustments without prior notice. It may also vary depending on weather conditions.*